



Member of the Month Don Parnell



Don Parnell is the Member of the Month for September. Don has been coming to the YMCA ever since he was a child.

He used to go to the dances that were held here, and played basketball. He also attended karate.

He remembers fondly, the bowling alley that was downstairs, and the running track that used to be above the gym.

Don is one of the early morning crowd, and frequently brings in mints for the staff, and gives them a few laughs. He is a regular in our Keiser Air-Assisted Room, as well as uses the treadmills everyday.