



Members of the Month Cheryl & Joan



The staff of the YMCA are pleased to announce that our Member of the Month for July is a team!

Cheryl Wheelans-Forster and Joan Randall!

Cheryl & Joan come to our noon classes, and very rarely miss. They work together and train together. And they're always ready for whatever challenge awaits them in class.

They both have fun personalities and this makes them easy to get along with. One hates pushups, (not saying who....Joan), but does them not to be outdone. And Cheryl always picks the hardest version of each exercise. We love you gals!