



Member of the Month Judi Rozee



The staff of the YMCA are pleased to announce that our Member of the Month for January is Judi Rozee!

Judi is a long time member of the YMCA, and comes every morning for cardio workouts. She also likes archery. Years ago she was one of our faithful step class teachers for quite a few years, and has never left the YMCA.

She loves working out in the fitness centre, and also runs on a regular basis. She is a great community volunteer as well. Thank you Judi for your support of our YMCA.