



# CLASS NOTICE

Kundalini Yoga  
will be postponed for the following dates:

January 22<sup>nd</sup> to February 19<sup>th</sup>, 2019  
Instructor is Unavailable

Please Note: This covers these two classes:  
Kundalini Yoga Tuesdays 10:00AM  
Kundalini Yoga Tuesdays 4:00PM  
Morning Sadhana Wednesday, January 30<sup>th</sup>, 2019

*Building healthy communities*