



# Member of the Month Jackie Landry



**The staff of the YMCA are pleased to announce that our Member of the Month for March is Jackie Landry!**

**Jackie has only been a member since the fall of 2018, but in that time has benefitted from classes such as yoga, H.I.I.T., & classic cardio. Jackie suffers from juvenile parkinsons, dystonia & epilepsy, and is the Parkinsons Ambassador, and is the head facilitator of the patient and caregiver support group in the Tri Counties. She is very active in her own healthcare. She is involved with Kidzact, and is the only person in Canada competing in a non-disabled group.**

**Way to go Jackie!**