



Members of the Month Don & Patty Roberts



For the month of May, the staff of the YMCA are pleased to announce that our Members of the Month are Patty & Don Roberts!

Through hard work, diet and exercise, Patty & Don have lost a considerable amount of weight, becoming more healthy and energetic in the process. Don attended cardiac rehab, which inspired him to activate a membership here with us. A short time later, Patty followed suit, and can often be seen attending pool running, or joining Don in the Wellness Centre most mornings of the week.

Their dedication to their health and fitness is something we should all strive towards, and the reason we have selected them as joint Members of the Month for May! Thank you for being part of our community!