



Try the Y with a **FREE** ONE WEEK TRIAL



Wellness & Nutrition



Aqua Fit



Fitness Classes



Recreation

Want to become a YMCA member?

Stop by today and find out how!

Promotion Runs September 1—30, 2019

Offer is available to anyone who has not previously redeemed a trial offer at Yarmouth YMCA in the past 12 months and does not have a balance owing to the association. Valid only for a trial membership.

Government ID required on first visit. This offer is valid only at Yarmouth YMCA.